How to submit an abstract?

1. Login/create your ECSS account [here](#).

2. Scroll down to myCongress data Administration in your ECSS account and click “send an abstract” - button.

3. Choose the general field for your abstract and click next.
4. Fill in the abstract submission form and click next. Your personal details are filled in automatically from your ECSS account.
5. Only if applicable, apply for ECSS YIA or GSSI nutrition award. Remember to read the requirements.

Application for YIA

Please read the YIA Requirements here

- You paid your ECSS Membership fee and became an ECSS Student Member before 31 March 2018.
- You submitted your application and abstract verification form before 15 February 2018.
- You are under 32 years of age at the time of the deadline for abstract submission (31 December 2017) or before 15 February 2018.
- You have submitted only one paper in each category (scientific and/or abstract) in the YIA and no YIA winner in the previous category.
- You paid your registration fee for ECSS Dublin 2018 before 15 February 2018.
- There will be an extension of the deadline for YIA applications, regardless of an extension of the abstract submission deadline.
- To track your YIA application status, please log in to your ECSS Account.
- Incomplete YIA applications will not be considered.
- Application is only possible in the presentation format submitted and defined.
- In applying for Young Investigator Award, it is also possible to apply for ECSS Nutrition at the same time. While this will allow you 3 chances to win a prize, only one prize will be awarded.
- The YIA Verification Form 2018 should be submitted in an electronic form to the YIA applicant department. Only one entry is allowed per applicant and that the YIA application must also be independent and reasonable contribution to the work submitted for presentation.
- Please note that YIA Verification Form 2018 went on ECSS Membership 2018 past after the 15 February 2018 will not be considered.
6. **Double check your submission and click confirm.**

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**Please read the Application Nutrition Requirements here**

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7. Your abstract has been submitted.
8. You will receive a confirmation email after you have successfully submitted your abstract.

EUROPEAN COLLEGE OF SPORT SCIENCE

23rd ECSS Congress 4-7 July 2018 DUBLIN/IRELAND

Dear Congress participant,

Thank you for your Abstract Submission!
Your abstract has been successfully submitted.
Your abstract will undergo the review process conducted by the ECSS Reviewing Panel respectively.

IMPORTANT INFORMATION
All authors will be informed about the acceptance or rejection of their submitted abstracts on April 1st 2018.

Yours sincerely,
the ECSS and Congress Organisers

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