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## Sport Science at the Cutting Edge – ECSS Conference, Dublin



Hi there, physiotherapists! How is 2018 working out for you? As far as I can see, you seem to be a little stressed!? Have you been working too much lately? Or did you just study for hours now? I see, you're just highly motivated ...!

Maybe it's time to think about how to *kick-off your summer* this year! As luck would have it, we have the perfect solution for you.

From 4th to 7th July 2018, the European College of Sports Science presents their 23rd annual congress in Dublin, Ireland.

### Sport Science at the Cutting Edge



Thomas Hauss photography

With this Congress, ECSS would like to present you the newest insights on sports and exercise science. With a non-stop development of this topic, it's good to keep up with some of the best in the field. We need input from the natural sciences, medicine and many other research fields to solve the answer to the most difficult sports issues.

The Congress Presidents Colin Boreham (IRL), Marie Murphy (GBR) and Giuseppe De Vito (IRL) represent the variety of internationally renowned speakers that will lead you through the most interesting topics of this time.

## **Why Dublin is the perfect place to go?**

Grab your chance to wander around this beautiful city. Even a short stay in Dublin is like walking into literary history, accompanied by music.

With half a million people living in the city center and around 100.000 international students going to the universities, Dublin could be called the bustling capital of Ireland.

## **More than just a congress!**

The 4-day congress is filled with interesting presentations, symposia, poster sessions, workshops and much more. And if I say much more, I'm not kidding you!

An overview:

- *ECSS Raffle Game 2018* - Interact with the exhibitors and perform fun challenges at their booth to be eligible for the lucky draw and have a chance to win an ECSS iPad and other exciting prizes.
- *4th ECSS Bengt Saltin Run* – A 5K run, organised in the memory of ECSS Founding member and Patron Prof. Bengt Saltin
- *Friday Night Out - Pub Crawl, Temple Bar* - Join a guided pub crawl organised by local volunteers at the Temple Bar district, which is full of restaurants, pubs, clubs and live music.
- *ECSS Congress Party* – Last but not least and an **ECSS tradition**, the final night you can join the closing party Guinness' Storehouse.



"Bengt Saltin Run 2017 edition"-Thomas Hauss photography"ECSS Congress Party 2017 edition"-Thomas Hauss photography

Combine sports, knowledge, pleasure and night life? Don't hesitate to book your trip to Dublin! PhysioCongress will be there!

*Need more information?* Click [here](#) to visit the congress website!