

Source: <https://physiocongress.com/sport-science-metropolitan-area/>

Young, Physiotherapist and ambitious? Let the 22<sup>nd</sup> European College of Sport Science congress be a perfect moment to start your summer...

### **The festival atmosphere during a sport science congress**



With more than 15000 international students and 3000 students studying sports science, it is a great opportunity to combine pleasure and knowledge in Essen, the capital of the ECSS congress! Approaching sports issues from an interdisciplinary perspective to increase your skills and knowledge, that's what this congress is all about.

As far as we know, we have never seen a congress with a combination of transferring knowledge during the day and a fascinating program of joyful nights. Going to a dance club or traditional pub after a day full of knowledge transfer from the best international speakers in the field of sports physiotherapy? No problem at the ECSS congress! To make it complete, the congress even has its own congress party! That's why this congress attracts so many young researchers and students at the beginning of July

### **Not another congress**

What makes the ECSS conferences different? The key point of the conference in July will be the interdisciplinary approach of the sports issues presented in Essen. It is unthinkable that sport science is seen from only one point of view. We need input from the natural sciences, medicine and many other research fields to solve the answer to the most difficult sports issues.



If we overview the plenary sessions at first, a wide range of sports issues with different inputs from different research fields will be implemented. Going from orthoses and prosthesis over biopsychosocial pain. That's what will make this event so rich, and will make sports science rich in the future. Athletes will be surrounded by scientists from different type of fields. Ten years ago, it was unthinkable that engineers would help athletes to perform world-class achievements. The meeting in Essen can be a key moment to understand the capacity of other research fields in achieving two points: improving sports performance and prevention of

injuries. The following years, there will be a shift from focus on materials to focus on the athlete. All the fuzz around prevention is very popular these days. Working together to prehabilitate athletes, that's what the future coaching of athletes will look like, together with multiple scientists in different fields.

Combine sports, knowledge, pleasure and night life? Don't hesitate to start your Eurotrip in Essen, Germany. A very accessible region in Europe centralized to improve your knowledge and social thinking. Visit the website <http://ecss-congress.eu/2017/17/> for more information and registration.